

July 2026

In this issue: Ayame Kai Holiday Market - Save the Date!, Meet: New Board Member, and New Managers at Nikkei Manor, Tanabata crafts, Mahjong Club, Bon Odori July 26, Call for Bake Sale donations, & More



Decorating for Tanabata
Photo by: Eugene Tagawa

Summer is in full swing, and we're excited to share another month of updates from around Keiro Northwest. From community events and program highlights to welcoming new faces and looking ahead to what's next, we hope you enjoy this month's newsletter. Thank you, as always, for being part of our community and for your continued support.

Community Survey Update: Survey Now Closed

Thank you to everyone who took the time to participate in our community survey! The survey officially closed on June 30, and we are now reviewing the responses and evaluating the results.

We are grateful for the thoughtful feedback you shared. Your input will help inform future programs, services, educational opportunities, and community initiatives as Keiro Northwest plans for the future.

Thank you for helping us listen, learn, and better understand the needs and interests of our community. We look forward to sharing updates as the project progresses.



Welcome New Board Member, Barbara Draheim!

Please join us in welcoming Barbara Draheim to the Keiro Northwest Board of Directors!

Barbara serves as the Director of Human Resources at Sound Generations and brings extensive experience in human resources, organizational leadership, and nonprofit management. Her background in serving older adults and supporting mission-driven organizations will be a valuable asset as Keiro Northwest continues to grow and evolve.

We're excited to have Barbara join our board and look forward to the experience and perspective she will bring. Welcome, Barbara!

Interested in Serving?

As we welcome Barbara to the board, we're also continuing to recruit passionate community members who want to help shape the future of Keiro Northwest.

We are currently seeking additional Board of Directors members, with a particular need for individuals with finance and legal experience. If you, or someone you know, is interested in supporting our mission of serving older adults and strengthening the Japanese American community, we'd love to hear from you.

To learn more about board service or request an application, please email Karlee at Khicks@keironw.org

New Faces at Nikkei Manor

Please join us in welcoming two new department managers at Nikkei Manor!



Welcome Tarris Batiste!
Marketing & Sales Director |
Nikkei Manor Assisted Living

A graduate of Georgia State University and former collegiate athlete, Tarris brings energy, dedication, and a people-first approach to his role. He is passionate about building meaningful connections, strengthening community relationships, and helping older adults and their families



Welcome, Jordan
Anonuevo!
Dining Services Director |
Nikkei Manor Assisted Living

Jordan brings several years of senior living dining experience to the role, having previously served as a Sous Chef and Executive Chef at senior living communities throughout the Seattle area. His passion for serving older adults began in high school, where he

navigate important life transitions with confidence and compassion.

discovered the joy of building meaningful relationships with seniors through food and hospitality.

Jordan is committed to creating memorable dining experiences for Nikkei Manor residents.

Outside of work, he enjoys cooking, hiking, snowboarding, and spending time with his family.



Ayame Kai Guild at their Summer Market fundraiser 6/20/26

Photo by: Eugene Tagawa

Thank You, Ayame Kai!

A heartfelt thank you to the incredible volunteers, vendors, sponsors, shoppers, and everyone who helped make this year's Ayame Kai Summer Market on 6/20 such a wonderful success!

Events like these bring our community together while supporting the programs and services of Keiro Northwest. We are especially grateful to the dedicated members of Ayame Kai, whose countless hours of planning, organizing, and volunteering make this annual tradition possible.

Thank you to everyone who attended, donated, and supported the market. We look forward to seeing you again this fall!

Save the Date

Ayame Kai Holiday Market

Mark your calendars for the Ayame Kai Holiday Market!

Saturday, November 14

10:00 AM – 3:00 PM (Now open an extra hour!)

Tukwila Community Center

Are you a packaged food vendor? We'd love to hear from you! If you're interested in participating in this year's Holiday Market, please reach out to ayamekai.keironw@gmail.com we're always excited to welcome new vendors to our community.

Interested in sponsoring this year's Holiday Market? We'd love to talk with you! Please contact Alicia Eng at aeng@keironw.org to learn more about sponsorship opportunities.

More event details and vendor information will be shared in the coming months. We hope to see you there!



Photo by: Eugene Tagawa

From the Desk of Nikkei Manor's Executive Director

As we welcome the heart of summer, there is so much to celebrate in our community!

June gave us many meaningful moments, from honoring the fathers and father figures in our lives on Father's Day to cheering on graduates as they reached exciting new milestones. This year feels especially emotional for me, as my oldest will be starting middle school and my youngest will begin prekindergarten this fall. When they were babies, I often wished they would grow up a little faster, but now I find myself wishing they would slow down just a bit so I can savor these precious moments a little longer, hold on to the joy of their childhood, and fully appreciate each milestone as it comes.

We are also excited to share some wonderful leadership updates at Nikkei Manor. Please join me in welcoming our new Dining Services Director, Jordan Anonuevo, and our new Sales & Marketing Manager, Tarris Batiste. We are thrilled to have them on board and look forward to the energy, experience, and fresh ideas they bring to our community.

July is Social Wellness Month. There is no better time to focus on connection, community, and joyful moments together. In that spirit, we are thrilled to invite you to our 6th Annual Bon Odori Summer Festival!

Come enjoy an afternoon filled with live performances by Seattle Matsuri, Northwest Taiko, and Okinawa Kenjin Kai, along with traditional Bon dancing, local vendors, mahjong demonstrations, children's activities, and delicious bake goods including fresh poke prepared by the Nikkei Manor kitchen along with a small selection of local vendors.

Bon Odori Summer Festival

Saturday, July 26 | 1:00–4:00 PM

Nikkei Manor Parking Lot

700 6th Ave S, Seattle, WA 98104

We hope you'll join us for this special celebration of culture, connection, and community. It's one of our favorite traditions of the year, and we look forward to sharing the afternoon with residents, families, friends, and neighbors.

Warmly,

Amy Nguyen

Executive Director

Nikkei Manor Assisted Living



Bake Sale Donations Needed for Bon Odori

Our Bon Odori Summer Festival is just around the corner on Sunday, July 26, and we're looking for homemade baked goods to help stock this year's bake sale!

Whether it's cookies, brownies, cakes, breads, or a favorite family recipe, every donation helps.

If you're able to contribute homemade baked goods, please contact Itsuko Simpson at isimpson@keironw.org.

Thank you for helping make this year's Bon Odori a fun and delicious celebration!

Upcoming Events



Bon Odori at Nikkei Manor

Nikkei Manor

Sunday, July 26 | 1-4 PM

FREE Event

Join us for an afternoon of music, dance, food, and community at Nikkei Manor's annual Bon Odori celebration. This year's event will feature special performances by Seattle Matsuri, Northwest Taiko, and Okinawa Kenjin Kai, along with a small selection of local vendors, traditional Bon Odori dancing, a mahjong demo station, kid's activities, and delicious poke available for purchase from the Nikkei Manor kitchen.

Bring your family, invite your friends, and join us as we celebrate culture, community, and summer together!

Free Seminar!

KEIRONorthwest

LEGACY EDUCATION SERIES PRESENTS:

SELLING YOUR HOME

PLANNING FOR A SUCCESSFUL TRANSITION

ERIC UYEJI
Real Estate Broker
John L. Scott Real Estate

WHAT YOU'LL LEARN

- When Is the Right Time to Sell?
- Planning Ahead for Your Next Move
- Tips for Preparing Your Home
- Understanding Your Options

REGISTER FREE TODAY!

FRIDAY
August 21, 2026

TIME
1:30-3:30 PM

NIKKEI MANOR
700 6TH AVE S, SEATTLE

Scan me!

RSVP: Scan the QR code or email Karlee at khicks@keironw.org

Legacy Education Seminar: Selling Your Home - Planning for a Successful Transition

Speaker: Eric Uyeji, Realtor, Board Member

Nikkei Manor

Friday, August 21 | 1:30-3:30 PM

FREE Event | Registration Required

Join us for the next Keiro Northwest Legacy Education Series seminar. Whether you're thinking about downsizing soon or simply planning ahead, this free educational seminar will provide practical guidance to help you make informed decisions.

You'll learn about:

- When is the right time to sell?
- Planning ahead for your next move
- Tips for preparing your home
- Understanding your options

This seminar is free to attend, but registration is required by going to <https://forms.gle/PEQdq7uxkNkPM3hX7> or email Karlee at khicks@keironw.org



Mahjong Club – Join Us Every Friday!

Whether you're an experienced player or just learning, everyone is welcome. Come enjoy a friendly game of Mahjong, meet new people, and spend a relaxing morning with tea, light refreshments, and great company.

- ✓ Open to everyone
- ✓ Beginners welcome
- ✓ Join us any Friday

Questions? Contact Tomoko Faasuamalie
206-726-6474 TFaasuamalie@keironw.org
Cost is \$15 per person

Nagomi Cafe/Mahjong Club is hosted by Kokoro Kai Adult Day Program & open to all adults.



SAVE *the* DATE

AYAME KAI HOLIDAY MARKET

November 14, 2026

10AM - 3PM | Tukwila Community Center

AYAMEKAIMARKET.ORG



SHOP LOCAL. SUPPORT ELDERCARE. CELEBRATE COMMUNITY



Ayame Kai Holiday Market

Mark your calendars for the Ayame Kai Holiday Market!

Saturday, November 14

10:00 AM – 3:00 PM (Now open an extra hour!)

Tukwila Community Center

Shop unique gifts from local artisans and small businesses while supporting a great cause. Proceeds from the Holiday Market help purchase essential wish list items for Nikkei Manor, directly enhancing the quality of life for our residents and Kokoro Kai participants.

Check ayamekaimarket.org soon for details about sponsorship opportunities, donations, vendor inquiries, & more.



Gentle exercises with Kokoro Kai
Photo by: Eugene Tagawa

June's Highlights at Nikkei Manor

- 6-3 Kokoro Kai Father's Day class
 - 6-5 Senior Creating Art watercolor class
 - 6-6 Sound Singers concert
 - 6-10 June birthday party with piano concert
 - 6-13 Saturday Bingo
 - 6-15 Kokoro Kai - Sing along with Rainbow Ladies
 - 6-17 Nursing students visit from Japan.
 - 6-20 Ayame Kai Summer Market
 - 6-22 Shuji class at Kokoro Kai
-



Tanabata decorations at Kokoro Kai
Photo by: Eugene Tagawa

Upcoming Activities & Events at Nikkei Manor

We are able to continue offering art classes by Seniors Creating Art this year thanks to a generous family donation.

 NIKKEI MANOR ACTIVITY JULY 2026 	
OUTING: Uwajimaya Walk: Tuesday morning Drug Store shopping: 7/24 Friday 1:30pm	
5 SUN. 9:00 Japanese TV Time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 11:00 Faith Bible Sunday Church Service (Online) (1F) 2:00 Rummikub (1F)	6 MON. 9:00 Japanese TV Time (3F) 10:00 Kokoro Kai (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Tanabata Star Festival 2:30 Rummikub (1F)
12 SUN. 9:00 Japanese TV Time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 11:00 Faith Bible Sunday Church Service (Online) (1F) 2:00 Rummikub (1F)	13 MON. 9:00 Japanese TV Time (3F) 10:00 Kokoro Kai (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Sing Along with Rainbow Chorus (1F) 2:30 Rummikub (1F)
19 SUN. 9:00 Japanese TV Time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 11:00 Faith Bible Sunday Church Service (Online) (1F) 1:00 See Fair Clowns visit 2:00 Rummikub (1F)	20 MON. 9:00 Japanese TV Time (3F) 10:00 Kokoro Kai (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Fun activity in the garden 2:30 Rummikub (1F)
26 SUN. 9:00 Japanese TV Time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:00 - 4:00 Nikkei Manor Ben Odori Festival at Parking lot	27 MON. 9:00 Japanese TV Time (3F) 10:00 Kokoro Kai (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Sing Along with Rainbow Chorus (1F) 2:30 Rummikub (1F)
3 SUN. 9:00 Japanese TV Time (3F) 10:00 Kokoro Kai (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Music & Dance (1F) 2:30 Rummikub (1F)	4 MON. 9:00 Japanese TV Time (3F) 10:00 Kokoro Kai (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Music & Dance (1F) 2:30 Rummikub (1F)
10 FRI. 9:00 Japanese TV Time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Movie in the dining room (3F) 5:45 Blackjack (1F)	11 SAT. 9:00 Japanese TV Time (3F) 9:45 Japanese Story Reading (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Afternoon Movie (3F) 2:00 Mahjong game (1F)
17 FRI. 9:00 Japanese TV Time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Ball Workout (2F) 2:30 Ball Workout (3F)	18 SAT. 9:00 Japanese TV Time (3F) 9:45 Japanese Story Reading (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Afternoon Movie (3F) 2:00 Mahjong game (1F)
24 FRI. 9:00 Japanese TV Time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Student visit from Fukushima, Japan (1F) 2:30 Rummikub (1F) 5:45 Blackjack (1F)	25 SAT. 9:00 Japanese TV Time (3F) 9:45 Japanese Story Reading (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Afternoon Movie (3F) 2:00 Mahjong game (1F)
31 FRI. 9:00 Japanese TV Time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Student visit from Fukushima, Japan (1F) 2:30 Rummikub (1F) 5:45 Blackjack (1F)	1 FRI. 9:00 Japanese TV Time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Student visit from Fukushima, Japan (1F) 2:30 Rummikub (1F) 5:45 Blackjack (1F)

*some of the activities may be changed depends on weather or other reasons, please check the daily calendar in the dining rooms



ADULT DAY CENTER

Kokoro Kai

Attendance: 206.726.6477



	1 Wednesday Tea Time Games Exercise Lunch Card game Craft: Tanabata (Star Festival) 
6 Monday Tea Time Games Exercise, Lunch Blackjack Tanabata ★ Star Festival <i>-make a wish on bamboo tree-</i> 	8 Wednesday Tea Time Games Exercise Lunch Matching game Music & Dance 
13 Monday Tea Time Games Exercise Lunch Card game Sing along with rainbow ladies 	15 Wednesday Tea Time Games Exercise Lunch Word game Bowling 
20 Monday Tea Time Games Exercise Lunch Blackjack Fun activity in the garden  	22 Wednesday Tea Time Games Exercise Lunch Watercolor class 
27 Monday Tea Time Games Exercise Lunch Word game Sing along with rainbow ladies 	29 Wednesday Tea Time Games Exercise Lunch Brain exercise Relay game 

Nikkei Manor 700 6th Ave. S • Seattle, WA 98104 • 206.726.6460

Kokoro Kai Day Program Calendar



Years of Service

July Staff Anniversaries

Lien L. - 28 years!

Kaoru F. - 7 years

Daisaku I. - 3 years

Marelen S. - 5 years

Amy N. - 3 years

Hiroko - 9 years

Liza L. - 1 year

Dhea P. -1 year

Thank you for making every day the BEST day for our residents and participants.



Board members selling food to benefit Keiro NW programs at Ayame Kai Summer Market
Photo by: Eugene Tagawa

Looking for a simple way to support our residents and program participants?

You can support Nikkei Manor and Kokoro Kai by purchasing an item from our Amazon Wish List. From activity supplies to everyday essentials, each donation helps enhance programs, comfort, and quality of life for those we serve.

We are also currently accepting Amazon gift card donations to help purchase resident activity supplies, shaved ice, festival games, and other community-building items for this summer's Bon Odori celebration.

Note: Amazon does not always share purchaser information with us when a wish list item is purchased. If you purchase an item, please email Karlee at khicks@keironw.org and let us know what you selected so we can properly acknowledge and thank you for your generosity!

[Amazon Wish List](#)

Direct support helps sustain programs that provide care, connection, and culturally responsive services for older adults in our community. Thank you for helping us continue this work!

Donate

Keiro Northwest and Nikkei Manor have partnered with CARS (Charitable Adult Rides & Services) to facilitate vehicle donations. To get started, simply visit the link below or call 855-500-RIDE (7433). Your generous vehicle donation will contribute directly, with 70% of the net value supporting our mission.

Get Started

Community Bulletin:

"Tadaima: "I'm Home" — a reciprocal return of the dolls and the Japanese American community"

Nikkei Manor Featured in International Examiner article,

[Read article here.](#)

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Research Opportunity for Asian American Breast Cancer Survivors

The University of Texas at Austin School of Nursing is seeking participants for an NIH-funded research study designed to provide culturally tailored online support for Asian American breast cancer survivors.

Participants may receive:

- Bilingual nurse-led online sessions (Japanese, Mandarin, Korean, or English)
- Culturally adapted health education resources
- A complimentary Fitbit
- Up to \$150 in compensation

If you or someone you know may be interested, please visit the study page to learn more or contact the research team directly.

Study Information:

<https://clinicaltrials.gov/study/NCT06085313>

Questions?

Email: cai.help@austin.utexas.edu

[Flyer Japanese](#) | [Flyer English](#)

****Keiro Northwest is sharing this opportunity as a community resource and is not conducting or sponsoring this research study.***

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Keiro Northwest at Living Traditions at the Bellevue Arts Fair

We're honored to share that Keiro Northwest will be featured in *Living Traditions: Japanese Art and Resilience in the Pacific Northwest*, a special exhibition presented during **Bellevue Arts Fair Weekend on July 24–26**.

The exhibition's Community Hub highlights organizations that preserve and strengthen Japanese and Japanese American culture throughout the Pacific Northwest. Keiro Northwest will be represented alongside other community organizations, sharing information about our programs, services, and nearly 50 years of serving older adults in the Japanese American community.

If you're attending the Bellevue Arts Fair, we invite you to stop by the Community Hub at the Bellevue Arts Museum store and learn more about the organizations helping keep our community's traditions alive.

[More information on the exhibit here.](#)



A little spontaneous dancing at the Ayame Kai Summer Market on 6/20
Photo credit: Eugene Tagawa

最後に、ありがとうございました。



Our Mission Statement: Honoring the past and preserving Japanese American heritage, we provide uniquely-tailored care to meet the physical, emotional, and spiritual needs for elders to thrive.

www.keironw.org



Keiro Northwest | 700 6th Ave S. | Seattle, WA 98104 US

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