

August 2026

In this issue: Free educational seminar Aug. 21, New [Keiro NW website](#) launched, Community feedback opportunity, Vendor and Sponsor opportunities at Ayame Kai Holiday Market, New building improvements, Board openings, Mahjong, Ways to Give, First Hill Lions Pancake Breakfast, & more!



Enjoying Bon Odori on 7-26
Photo by: Eugene Tagawa

It's been a busy and joyful summer at Keiro Northwest! We recently celebrated Bon Odori with Nikkei Manor residents, families, friends, and so many familiar faces from our community. It was wonderful to see everyone together for an afternoon of dancing, music, good food, and connection and we've included plenty of photos from the day in this month's newsletter!

As summer begins to wind down, we're already looking ahead to a busy fall. We have several Legacy Education seminars and workshops coming up, and the Ayame Kai Guild is preparing for its Holiday Market in November, with opportunities for businesses and community members to get involved through sponsorships and donations.

We're also very excited to share that our new Keiro Northwest website is officially live! Visit keironw.org to find upcoming events, ways to get involved, community updates, past newsletters, and more. We'll be updating the site regularly, so we hope you'll check back often to see what's happening.

As always, thank you for staying connected and being part of the Keiro Northwest community.

A very special THANK YOU to photographers Theo Bickel and Eugene Tagawa for helping us capture the spirit of Bon Odori. You can view a full gallery of their photos from the day at the link below.

[Bon Odori Photo Gallery](#)

Free Seminar!



LEGACY EDUCATION SERIES PRESENTS:

SELLING YOUR HOME

PLANNING FOR A SUCCESSFUL TRANSITION



ERIC UYEJI

Real Estate Broker
John L. Scott Real Estate

WHAT YOU'LL LEARN



When Is the Right Time to Sell?



Planning Ahead for Your Next Move



Tips for Preparing Your Home



Understanding Your Options



FRIDAY

August 21, 2026



TIME

1:30-3:30 PM



NIKKEI MANOR

700 6TH AVE S, SEATTLE

REGISTER NOW!

RSVP: Scan the QR code
or email Karlee at khicks@keironw.org



<https://forms.gle/HsFopQteUr8hZaUq9>



←
Scan me!

Join Us for a Free Seminar on August 21!

Legacy Education Seminar: Selling Your Home - Planning for a Successful Transition

Speaker: Eric Uyeji, Realtor, Board Member

Nikkei Manor

Friday, August 21 | 1:30-3:30 PM

FREE Event | Registration Required

Join us for the next Keiro Northwest Legacy Education Series seminar.

Whether you're thinking about downsizing soon or simply planning ahead, this

free educational seminar will provide practical guidance to help you make informed decisions.

You'll learn about:

- When is the right time to sell?
- Planning ahead for your next move
- Tips for preparing your home
- Understanding your options

Let us know you're coming

This seminar is free to attend, but registration is required. Email Karlee at khicks@keironw.org or register by clicking the button below and filling out a form.

RSVP for August 21 Seminar



Tori gate at Nikkei Manor

Photo by: Theo Bickel

Community Survey Update: Focus Group Sign-Ups

Thank you to everyone who took the time to participate in our community survey! The survey officially closed on June 30, and we're now preparing for

the next phase of the project, which will include focus groups and interviews.

If you're interested in participating in a focus group and sharing your thoughts and feedback about potential future Keiro Northwest programs, we'd love to hear from you. If you haven't already provided your contact information, please fill out the form linked below.

Your input will help us continue learning about community interests and needs as we gather information to support future planning.

[Focus Group Sign-Up Form](#)



Interested in Serving on our Board of Directors?

As we welcome new members this summer to the board, we're also continuing to recruit passionate community members who want to help shape the future of Keiro Northwest.

We are currently seeking additional Board of Directors members, with a particular need for individuals with finance and legal experience. If you, or someone you know, is interested in supporting our mission of serving older adults and strengthening the Japanese American community, we'd love to hear from you.

To learn more about board service or request an application, please email Karlee at Khicks@keironw.org

Ayame Kai Holiday Market: Vendor and Sponsorship Opportunities

Calling Local Vendors!

Vendor applications are now open for the 2026 Ayame Kai Holiday Market on November 14! We're looking for packaged food, local makers, artists, and small businesses to join us for one of our favorite community events of the year.

Know a great local vendor? Please help us spread the word! See the flyer below for details and how to apply.



November 14, 2026
10AM-3PM
Tukwila Community Center

Vendor Invitation



Ayame Kai Holiday Market

JOIN ONE OF SEATTLE'S BELOVED HOLIDAY MARKETS



1,000+
SHOPPERS

Connect with a loyal,
local community.



MARKETING
INCLUDED

We promote your
business before and
during the event.



SUPPORT
ELDER CARE

Proceeds benefit
Keiro Northwest's
elder care programs.



WHY VENDORS JOIN US

- ✓ Established community event with loyal holiday shoppers.
- ✓ We promote vendors through email, social media, newsletters, and community partners.
- ✓ A curated mix of handmade goods, packaged foods, gifts, and Japanese-inspired products - just in time for holiday gifting!
- ✓ Every booth helps support culturally responsive programs for older adults.



INTERESTED?

- Email Us: ayamekai.keironw@gmail.com
- Learn More: ayamekaimarket.org
- Apply: <https://forms.gle/7wPFLU3ZAKbYtKqR7>



Sponsor the Event: Help Make the Holiday Market Go Further

The Ayame Kai Holiday Market is one of the Guild's biggest opportunities to raise funds in support of Nikkei Manor residents and Kokoro Kai participants.

We invite you to join local businesses and community partners to help make the event possible through sponsorships. Sponsor support helps offset the costs of putting on the Holiday Market, allowing more of the money raised that

day to go directly toward quality of life, safety, and building improvements at Nikkei Manor and Kokoro Kai.

Sponsorship opportunities are available at a variety of levels, and every contribution helps make a difference. If you own a business, work for a company that supports local nonprofits, or know someone who may be interested, we'd love your help spreading the word!

Interested in sponsoring the 2026 Ayame Kai Holiday Market? Visit ayamekaimarket.org to learn more and get involved. Apply at the button below. Sponsorships due by November 1st.

Sponsorship Interest



From the Desk of Nikkei Manor's Executive Director

A Big Thank You for a Wonderful Bon Odori!

I want to extend a huge and heartfelt thank you to Bon Odori Committee and all of our incredible volunteers, vendors, donors, and staff members who helped make this year's Bon Odori on July 26th such a wonderful success! We were truly fortunate to have beautiful weather for most of the afternoon and were able to wrap up the event just before the rain arrived!

This year's celebration was filled with more Bon dances, performances, and activities, keeping everyone entertained and engaged throughout the three-hour event. It felt like a smaller crowd this year due to several other community events taking place on the same day, but those who joined us brought wonderful energy and enthusiasm that made the afternoon truly special and memorable. Our Bake Sale was also a tremendous hit! We had an amazing variety of delicious homemade treats, and it was wonderful to see so many people enjoying and supporting the sale. A huge thank you to everyone who baked, donated, purchased, and helped make it such a success!

We also want to give a special shout-out to our Nikkei Manor kitchen crew, who did an incredible job preparing and serving a delicious lunch for our volunteers. While everyone was busy running back and forth throughout the event, it was wonderful to have our kitchen team making sure our volunteers were well-fed and taken care of. We truly appreciate all of their hard work!

Most importantly, thank you to everyone who attended, volunteered, donated, performed, participated, and supported Bon Odori. It takes an entire community to put together an event like this, and we are so grateful for everyone who helped make it happen.

We are already looking forward to another wonderful Bon Odori next year! We hope to see you all again!

Building Improvements

As part of our ongoing building improvement projects this quarter, we are pleased to share that our flooring replacement project has been completed! This improvement not only gives our community a fresh, updated look, but also helps create a cleaner, more comfortable, and welcoming environment for our residents, families, staff, and visitors.

We understand that improvement projects can sometimes cause temporary disruptions, and we truly appreciate everyone's patience, flexibility, and cooperation while the work was being completed. We are grateful to our residents and staff for working with us throughout the process.

At Nikkei Manor, we are committed to continually improving our community and creating an environment where our residents feel comfortable, safe, and at home. The flooring project is one of the many improvements we are making to ensure our building remains a warm and inviting place for our residents to live, socialize, and enjoy their daily activities.

If you or someone you know is considering assisted living services, we would love the opportunity to introduce you to Nikkei Manor. Please contact us to learn more about our services, ask questions, or schedule a tour and see our community firsthand. We would be happy to show you around and share what makes Nikkei Manor a special place to call home.

Looking ahead to next month, we are excited to celebrate National Assisted Living Week! This year's theme, "Shining Through the Years," gives us a wonderful opportunity to celebrate the incredible lives, experiences, memories, and accomplishments of our residents.

Throughout the week, we will have a variety of special activities and events designed around this theme. We will celebrate the many wonderful chapters of our residents' lives, share memories and stories, enjoy meaningful activities, and create new memories together. It will be a special time to recognize the unique personalities, talents, experiences, and contributions that make each of our residents who they are.

We look forward to a fun-filled week of laughter, connection, celebration, and creating wonderful new memories with our Nikkei Manor family.

Warmly,

Amy Nguyen
Executive Director
Nikkei Manor Assisted Living



Group photo at Bon Odori
Photo by: Theo Bickel

Upcoming Events

MAHJONG CLUB
Join us on Fridays!

EVERY FRIDAY
10:00 AM – 12:00 PM

NIKKEI MANOR
700 6th Ave S
Seattle, WA 98104

\$15 PER PERSON

OPEN TO EVERYONE

BEGINNERS WELCOME

TEA & LIGHT REFRESHMENTS

Come any Friday!

Come for the games, stay for the company.

Mahjong Club - Join Us Every Friday!

Whether you're an experienced player or just learning, **everyone is welcome**. Come enjoy a friendly game of Mahjong, meet new people, and spend a relaxing morning with tea, light refreshments, and great company.

- ✓ Open to everyone
- ✓ Beginners welcome
- ✓ Join us any Friday

Questions? Contact Tomoko Faasuamalie

206-726-6474 TFaasuamalie@keironw.org

Cost is \$15 per person

Nagomi Cafe/Mahjong Club is hosted by Kokoro Kai Adult Day Program & open to all adults.



Ayame Kai Holiday Market

Mark your calendars for the Ayame Kai Holiday Market!

Saturday, November 14

10:00 AM – 3:00 PM (Now open an extra hour!)

Tukwila Community Center

Shop unique gifts from local artisans and small businesses while supporting a great cause. Proceeds from the Holiday Market help purchase essential wish list items for Nikkei Manor, directly enhancing the quality of life for our residents and Kokoro Kai participants.

Check ayamekaimarket.org soon for details about sponsorship opportunities, donations, vendor inquiries, & more.



Bon Odori Summer Festival

Photo by: Theo Bickel

July's Highlights at Nikkei Manor

7-1 Tanabata craft day

7-6 Tanabata celebration

7-10 Watercolor class

7-11 Saturday BINGO

7-19 Seafair Clowns Visit

7-20 Summer fun in the garden day

7-23 Japanese High school students visit from Fukushima, Japan

7-26 Bon Odori Summer Festival



Seafair Clowns visit to Nikkei Manor

Photo by: Mariko Ueno

Upcoming Activities & Events at Nikkei Manor

We are able to continue offering art classes by Seniors Creating Art this year thanks to a generous family donation.

8-3 Children Violin concert

8-7 Japanese students visit from Okinawa, Japan

8-18 Lunch outing, stop by Maruta store and visit and have lunch at a park in Renton

8-24 Nursing university students visit from Shimane, Japan



NIKKEI MANOR ACTIVITY AUGUST 2026

NIKKEI MANOR ACTIVITY AUGUST 2026							1 SAT. 9:00 Japanese TV Time (3F) 9:45 Japanese Story Reading (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Afternoon Movie (3F) 2:00 Mahjong game (1F)
2 SUN. 9:00 Japanese TV Time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 11:00 Faith Bible Church Sunday Service (Online) (1F) 2:00 Rummikub (1F)	3 MON. 9:00 Japanese TV Time (3F) 10:00 Kokoro Kai (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Children Violin Concert (3F) 2:30 Rummikub (1F)	4 TUE. Uwajimaya Walk 9:00 Japanese TV Time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Ice cream Social (1F) 2:30 Rummikub (1F)	5 WED. 9:00 Japanese TV Time (3F) 10:00 Kokoro Kai (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Ring Toss (1F) 2:30 Rummikub (1F)	6 THURS. 9:00 Japanese TV time (3F) 10:00 Game (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Seattle Betsuin Service Hovei kai (1F) 2:30 Rummikub (1F) 5:45 Blackjack (1F)	7 FRI. 9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Japanese students visit from Okinawa, Japan (1F) 2:00 Saturday Bingo (1F)	8 SAT. 9:00 Japanese TV Time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Afternoon Movie (3F) 2:00 Mahjong game (1F)	
9 SUN. 9:00 Japanese TV Time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 11:00 Faith Bible Church Sunday Service (Online) (1F) 2:00 Rummikub (1F)	10 MON. 9:00 Japanese TV Time (3F) 10:00 Kokoro Kai (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Mini Golf (1F) 2:30 Rummikub (1F)	11 TUE. Uwajimaya Walk 9:00 Japanese TV Time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 12:00 1st Dining (Natto) (1F) 2:00 Bingo (1F)	12 WED. 9:00 Japanese TV Time (3F) 10:00 Kokoro Kai (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Craft: Hawaiian flower making (1F) 2:30 Rummikub (1F)	13 THURS. 9:00 Japanese TV time (3F) 10:00 Game (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Move in the dining room 5:45 Blackjack (1F)	14 FRI. 9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Watercolor class by Senior Creating Art (1F) 2:30 Rummikub (1F)	15 SAT. 9:00 Japanese TV Time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Afternoon Movie (3F) 2:00 Mahjong game (1F)	
16 SUN. 9:00 Japanese TV Time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 11:00 Faith Bible Church Sunday Service (Online) (1F) 2:00 Rummikub (1F)	17 MON. 9:00 Japanese TV Time (3F) 10:00 Kokoro Kai (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Sing Along with Rainbow Chorus (1F) 2:30 Rummikub (1F)	18 TUE. Uwajimaya Walk 9:00 Japanese TV Time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 11:30 Lunch outing Maruta store → Remton Park 2:30 Rummikub (1F)	19 WED. 9:00 Japanese TV Time (3F) 10:00 Kokoro Kai (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Bingo with Kokoro Kai (1F) 2:30 Rummikub (1F)	20 THURS. 9:00 Japanese TV time (3F) 10:00 Game (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Seattle Betsuin Service Hovei kai (1F) 2:30 Resident Town Hall (1F) 5:45 Blackjack (1F)	21 FRI. 9:00 Japanese TV Time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Drug store shopping 2:00 Rummikub (3F)	22 SAT. 9:00 Karaoke time (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Afternoon Movie (3F) 2:00 Mahjong game (1F)	
23 SUN. 9:00 Japanese TV Time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 11:00 Faith Bible Church Sunday Service (Online) (1F) 2:00 Rummikub (1F)	24 MON. 9:00 Japanese TV Time (3F) 10:00 Kokoro Kai (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Japanese Students visit from Shimane, Japan (1F) 2:30 Rummikub (1F)	25 TUE. Uwajimaya Walk 9:00 Japanese TV Time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 12:00 1st Dining (Natto) (1F) 2:00 Bingo (1F)	26 WED. 9:00 Japanese TV Time (3F) 10:00 Kokoro Kai (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:00 Watercolor class with KK (1F) 2:30 Rummikub (1F)	27 THURS. 9:00 Japanese TV Time (3F) 10:00 Game (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 2:00 Rummikub (1F) 5:45 Blackjack (1F)	28 FRI. 9:00 Japanese TV Time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Ball Workout (2F) 2:30 Ball Workout (3F)	29 SAT. 9:00 Japanese TV Time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Afternoon Movie (3F) 2:00 Mahjong game (1F)	
30 SUN. 9:00 Japanese TV Time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 11:00 Faith Bible Church Sunday Service (Online) (1F) 2:00 Rummikub (1F)	31 MON. 9:00 Japanese TV Time (3F) 10:00 Kokoro Kai (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 August Birthday Party Rainbow Chorus (1F) 2:30 Rummikub (1F)	Outing: Please sign up early! Uwajimaya Walk – Tuesdays Lunch Outing: Tuesday 8/18 *Maruta store → Gene Coulon Park* Drug Store shopping: Friday 8/21					

*Some of the activities may be changed depending on weather or other reasons, please check the daily calendar in the dining room



[View Activities Calendar](#)



ADULT DAY CENTER

Kokoro Kai

Attendance: 206.726.6477



3 Monday Tea Time Games Exercise Lunch Matching game Violin concert 	5 Wednesday Tea Time Games Exercise Lunch Card game Ring toss (Wanage) 
10 Monday Tea Time Games Exercise Lunch Blackjack Mini Golf 	12 Wednesday Tea Time Games Exercise Lunch Brain exercise Flower making 
17 Monday Tea Time Games Exercise Lunch Blackjack Sing along with rainbow ladies 	19 Wednesday Tea Time Games Exercise Lunch Brain exercise Bingo 
24 Monday Tea Time Games Exercise Lunch Card game Student nurse visit from Japan 	26 Wednesday Tea Time Games Exercise Lunch Watercolor class 
31 Monday Tea Time Games Exercise Lunch Birthday Party Sing along with rainbow ladies 	

Nikkei Manor 700 6th Ave. S • Seattle, WA 98104 • 206.726.6460

Kokoro Kai Day Program Calendar



Photo by: Theo Bickel

Years of Service

August Staff Anniversaries

Anniversaries:

Eva Orallo: 17 years

Vicky Aguas: 20 years

Thank you for making every day the BEST day for our residents and participants.

Looking for a simple way to support our residents and program participants?

You can support Nikkei Manor and Kokoro Kai by purchasing an item from our Amazon Wish List. From activity supplies to everyday essentials, each donation helps enhance programs, comfort, and quality of life for those we serve.

We are also currently accepting Amazon gift card donations to help purchase resident activity supplies, shaved ice, festival games, and other community-

building items for this summer's Bon Odori celebration.

Note: Amazon does not always share purchaser information with us when a wish list item is purchased. If you purchase an item, please email Karlee at khicks@keironw.org and let us know what you selected so we can properly acknowledge and thank you for your generosity!

[Amazon Wish List](#)

Direct support helps sustain programs that provide care, connection, and culturally responsive services for older adults in our community. Thank you for helping us continue this work!

[Donate](#)

Keiro Northwest and Nikkei Manor have partnered with CARS (Charitable Adult Rides & Services) to facilitate vehicle donations. To get started, simply visit the link below or call 855-500-RIDE (7433). Your generous vehicle donation will contribute directly, with 70% of the net value supporting our mission.

[Get Started](#)

Community Bulletin

Benefits Kawabe, Kin On, Legacy House & Nikkei Manor

PANCAKE BREAKFAST



Sponsored by
SEATTLE FIRST HILL LIONS CLUB

Saturday, September 19, 2026 - 8:00am - 1:00pm

Come for breakfast at

BLAINE MEMORIAL UNITED METHODIST CHURCH

3001 - 24th Avenue South, Seattle, WA

DONATIONS: \$20.00/person

"All You Can Eat... Rice & Sausage Too!"

Support the First Hill Lions Pancake Breakfast

The Seattle First Hill Lions Club's annual Pancake Breakfast is coming up! Proceeds from this longtime community fundraiser benefit several local senior organizations, including Nikkei Manor.

Tickets are \$20 each and are available at the Nikkei Manor front desk. Cash or checks payable to Seattle First Hill Lions Club are accepted.

Enjoy a great breakfast while supporting local seniors!



Japanese students visit Nikkei Manor from Fukushima in July

最後に、ありがとうございました。



Our Mission Statement: Honoring the past and preserving Japanese American heritage, we provide uniquely-tailored care to meet the physical, emotional, and spiritual needs for elders to thrive.

www.keironw.org



Keiro Northwest | 700 6th Ave S. | Seattle, WA 98104 US

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