

October 2025: *Looking Back, Moving Forward*

In this issue: [2024 Annual Report](#), ED Update, End of Life Planning Workshop, Ayame Kai Holiday Market, Nikkei Manor and Kokoro Kai Happenings, Staff Anniversaries, Appreciating Our Volunteers, and Ways to Give This Giving Season



Nikkei Manor residents spend quality time with therapy miniature horse, Luna!

October ushers in a new season and plenty of activity across our programs. It's a great time to come together for learning, celebration, and preparation for the holiday season ahead. This month's calendar includes educational opportunities for families and caregivers, seasonal gatherings, and planning for

upcoming community events as we continue to build connection and support for our elders.

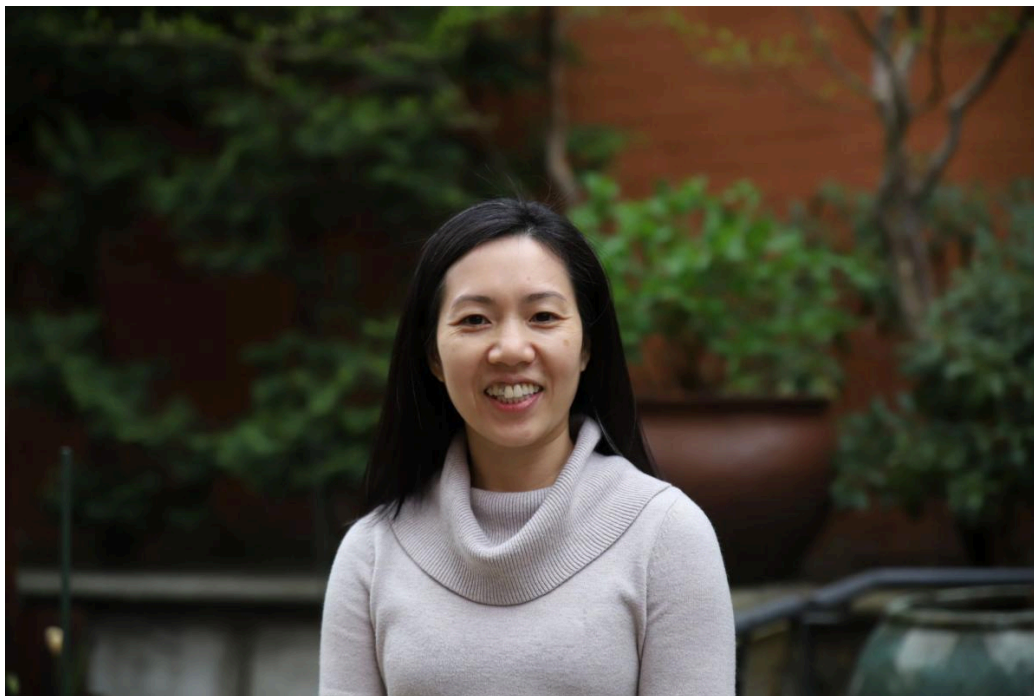
2024 Annual Report is Available



We're pleased to share Keiro Northwest's 2024 Annual Report, which highlights the accomplishments, community support, and milestones that shaped the past year. We invite you to take a look at the impact of your support and the work being done across our programs.

[View Annual Report](#)

From the Desk of Nikkei Manor's Executive Director



Hello Fall!

We had such a wonderful time celebrating National Assisted Living Week (NALW) with a variety of special activities. The highlight of the week was, without a doubt, the visit from the miniature horse! It was a week filled with smiles, connection, and gratitude for the community we share here at Nikkei Manor.

We also had the joy of celebrating our volunteers with an appreciation outing at the Mariners vs. Dodgers game on September 28th. While the Mariners didn't pull out a win, the energy was still high, especially when Ohtani hit a home run! The weather was perfect, and it was a wonderful way to say thank you to the volunteers who give so generously of their time and talents to enrich the lives of our residents.

This season also brings a heartfelt transition in our community. For the past 15 years, Teri McLaughlin has given so much of her heart, care, and dedication to Nikkei Manor. She has touched countless lives and has been a cherished part of our family. While we will miss her greatly, we are excited to celebrate her as she begins this new chapter of life in retirement. Please join me in thanking Teri for her many contributions and in congratulating Laura Iijima-Scherger, who will be stepping into this expanded leadership role. We are grateful for her commitment and look forward to the future with her involvement.

As the weather cools and the trees burst into vibrant color, it's also a gentle reminder that we are heading into virus season. At Nikkei Manor, the health and safety of our residents and staff is always our top priority. We've partnered with local pharmacies to provide on-site vaccinations, making it easier and

more convenient for everyone to stay protected. I encourage families, staff, and friends to get vaccinated, not only for your own health, but also to help keep our community strong, safe, and resilient in the months ahead.



Join Us For These Upcoming Events

End of Life Planning Workshop



Presented by Louise Kato, Keiro NW Board, MSW, LICSW

This **Legacy Education Series** session offers piece of mind through planning. Plan ahead, Know your options, Organize your legacy.

DATE: Friday, October 17
TIME: 1:30 - 3:30 PM
LOCATION: Nikkei Manor

[JOIN US](#)



Legacy Education Series: End of Life Planning Workshop

Planning ahead can bring peace of mind for you and reduce stress for your loved ones. In this workshop, Louise Kato, MSW, LICSW, and Keiro NW board member will guide participants through key areas of end-of-life planning, including: Advance Care Planning, Death Care Options, and Organizing Your Legacy.

Back by popular demand: This workshop will revisit the same important information shared last year!

This workshop is designed to provide practical guidance, resources, and an open space for discussion about a sensitive but important topic.

Free and open to the public – all are welcome.

Join us! Register now.

Date: October 17, 2025 Time 1:30-3:30 PM

Location: Nikkei Manor

700 6th Ave S, Seattle, WA 98104

[Register Today!](#)



Ayame Kai Holiday Market is Just Around the Corner!

Mark your calendars, the Ayame Kai Holiday Market returns on **Saturday, November 15, 2025, from 10:00 AM to 2:00 PM at the Tukwila Community Center**. This cherished annual event brings together local vendors, community members, and Keiro Northwest volunteers for a one-day-only sale filled with holiday spirit and meaningful support for Nikkei Manor and Kokoro Kai.

The market features a vibrant mix of Asian gifts, homemade baked goods and treats, arts and crafts, collectibles, and raffle prizes, making it the perfect place to shop for unique items while supporting Keiro Northwest's eldercare programs.

This year's raffle baskets are shaping up to be the best yet, with a huge array of donated items from Seattle staples like MoPOP, Ivars, Seattle Mariners, & many more. Raffle tickets will be available at the event and during a brief pre-sale (*stay tuned!*) for just \$5.

You'll also find an exciting lineup of local vendors, including favorites such as [Nosh and Nap Books](#), [Beau's Lil Barkery](#), [Papa Tony's Hot Sauce](#), [Yuki Ceramics](#), Kubuto Gardens, and of course the Ayame Kai Guild, along with many more offering a wide range of crafts, gifts, and seasonal goodies.

Event Details:

Date: Saturday, November 15, 2025

Time: 10:00 AM – 2:00 PM

Location: Tukwila Community Center, 12424 42nd Ave S, Tukwila, WA 98168

THANK YOU to our sponsors, Gobo Enterprises and Beacon Pointe Wealth Advisors!

[More Event Details](#)



Mariko with residents enjoying the 1st Hill Lion's Annual Pancake Breakfast on 9/13

September's Highlights

- 9-2** Shimane University students from Japan visit
 - 9-4** "Hichiriki" (Traditional Japanese double-reed wind instrument) performance by Ryosuke Fukami during Seattle Betsuin Buddhist Church service
 - 9-8** Sanshin (Okinawan stringed instrument) performance
 - 9-10** Ball Toss with Kokoro Kai
 - 9-12** National Assisted Living Week with guests Jodi and Luna from Kind-hearted Mini Therapy
 - 9-13** 1st Hill Lion's Pancake Breakfast
 - 9-16** Japanese University Joint Program student visit from Japan
 - 9-23** Art class by Senior Creating Art
 - 9-26** Genki Wellness Healthy Living and Exercise seminar
 - 9-28** Volunteer Appreciation Event Mariners game
 - 9-30** Lunch outing - Maruta and a visit to Gene Coulon Park, Renton
-



Seniors Creating Art lesson for residents on 9/23

October: Upcoming Activities & Events

- 10-3** Gentle Tai-chi with Tomoko
- 10-8** Pumpkin decorating
- 10-13** Blackjack and relay game at Kokoro Kai
- 10-17** Maruta store shopping
- 10-22** October Birthday party
- 10-27** Shuji Class
- 10-29** Halloween Party with Kokoro Kai
- 10-31** Special Halloween-themed games

We are able to continue offering art classes by Seniors Creating Art this year thanks to a generous family donation.

Full Calendars: [Kokoro Kai Activities](#), [Resident Activities at Nikkei Manor](#)



Years of Service

September Staff Anniversaries

Sakiko Mori: 3 years

Melchor Vister: 7 years

Tomoko Faasuamalie: 14 years

Amie Samb: 2 years

Thank you for making every day the BEST day for our residents and participants.

Celebrating Our All-Stars



Volunteers enjoying a day at the ballpark

While National Volunteer Appreciation is typically held in April, this year we celebrated in September with a special trip to a Seattle Mariners game. It was a fun and meaningful way to say thank you to the many volunteers who give their time and energy to support our programs. Our volunteers are truly the heart of Keiro Northwest. Their dedication keeps Kokoro Kai and Nikkei Manor in business year after year.

Last year alone, 25 regular Kokoro Kai volunteers and 22 Nikkei Manor volunteers contributed countless hours to activities, outings, and daily support for residents and participants. Their commitment helps us create a warm, connected community for elders and families, and we are deeply grateful for all that they do.



Keiro Northwest on the jumbotron!

Ways to Give This Giving Season!



You can make a secure, tax-deductible gift directly through our online donation platform at the link below. Your support helps sustain programs and services for our elders year-round.

[Donate Today](#)

Did You Know? You Can Donate Stock!

Giftting appreciated stock is a smart and impactful way to support Keiro Northwest. By donating stocks directly, you may avoid capital gains taxes and receive a charitable deduction for the full market value, all while making a lasting difference in the lives of our elders. Talk to your financial advisor to see if a stock gift is right for you.

A Gift from Amazon - *New Items Added*

Looking for a simple way to support our residents and program participants? You can help by purchasing an item from our Amazon Wish List! From activity supplies to everyday essentials, each donation enhances the quality of life at Nikkei Manor and Kokoro Kai.

[Amazon Wish List](#)

You Can Even Donate Your Old Vehicle

Keiro Northwest and Nikkei Manor have partnered with CARS (Charitable Adult Rides & Services) to facilitate vehicle donations. To get started, simply visit the link below or call **855-500-RIDE (7433)**. Your generous vehicle donation will gift 70% of the net value to supporting our mission.

[CARS for Nikkei Manor](#)

Correction from September Newsletter

In our September newsletter, we mistakenly identified the koto performers in the caption of a photo. There were two koto performances that month - one by Hatsune and Liran and another by Koto no Wa. The photo in question featured Koto no Wa. We apologize for the error and appreciate your understanding.



Luna the miniature horse bringing more smiles!

最後に、ありがとうございました。



Our Mission Statement: Honoring the past and preserving Japanese American heritage, we provide uniquely-tailored care to meet the physical, emotional, and spiritual needs for elders to thrive.

www.keironw.org



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