

April 2026

In this issue: New Board Member, Volunteer Appreciation, Free Financial Planning Seminars & Upcoming Events, Sponsorship Opportunity, April Message from Nikkei Manor's ED, GiveBIG, & more!



March 25 trip to MOHAI to see the TADAIMA: "I'm Home!" exhibit

This season brings a number of opportunities to engage, including upcoming educational seminars focused on planning for the future. These conversations are an important part of supporting individuals and families as they navigate decisions around aging, finances, and long-term care. We remain committed to creating spaces that offer culturally responsive guidance, connection, and resources that meet evolving needs.

We're grateful to our residents, participants, volunteers, and supporters who make this work possible. Your continued involvement strengthens our community and ensures that these programs can continue to grow.



Welcoming a New Board Member

We are pleased to welcome Linda Miyake Brandeis, ACSW, LICSW to the Keiro Northwest Board of Directors. A retired social worker and psychotherapist, Linda has served on a number of health-related boards both locally and nationally, including national leadership roles with the Society for Social Work Leadership in Health Care, where she served as President-Elect, President, and Past President. She has been an active clinical faculty member at the University of Washington School of Social Work since 1983 and continues to hold a clinical appointment, contributing to committees and programs over the years.

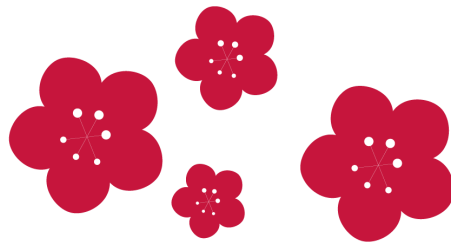
Linda's professional background includes leadership and clinical roles within major healthcare institutions, including Harborview Medical Center, Overlake Hospital Medical Center, the Puget Sound Health Care System, and the Fred Hutchinson Cancer Research Center. We are pleased to welcome Linda to the Board and look forward to her contributions to Keiro Northwest's mission.

Volunteer Appreciation Month

In recognition of Volunteer Appreciation Month, the Keiro Northwest Board of Directors and staff extend our sincere gratitude to the many individuals who give their time, energy, and care to support our community. At Kokoro Kai, volunteers work alongside Tomoko to help keep the program running and ensure our elders feel engaged and supported each day. At Nikkei Manor, we are grateful for those who share their talents, bringing music, joy, and celebration to our monthly birthday gatherings and beyond.

We also recognize the dedication of the Ayame Kai Guild, whose members work year-round to plan fundraising markets that directly support our elders. We extend our appreciation as well to the friends, experts, and professionals who take time out of their days to educate our community through seminars and workshops. Your generosity and commitment make this work possible and continue to strengthen our community.

Thank you, Volunteers!



Upcoming Events

Genki Wellness Program: Estate Planning 101

Featuring guest speaker Lauren Smith, Attorney

As part of the Genki Wellness Program, this offering is designed to support continued education and overall wellness for older adults who are interested in participating in the Kokoro Kai adult day program.

Join us for an educational presentation on the essentials of estate planning and probate in Washington. This session will cover how wills, trusts, and powers of attorney work, what happens if someone passes without a plan, and what families can expect during the probate process.

- **Friday, April 24, 2026, 1:30 - 3PM** at Nikkei Manor

RSVP to Tomoko Faasualie at tfaasualie@keironw.org or 206-726-6474

The Integrated Advantage: Wealth, Tax, and Estate Planning Strategies

Join us for this free community seminar, part of our Legacy Education Series, offering educational seminars and workshops that are open to all.

As the tax landscape continues to evolve, coordinated planning across investments, taxes, and estate strategies is more important than ever. In this free seminar, expert panelists will discuss how an integrated approach can improve tax efficiency, protect long-term wealth, and support effective generational transfer, especially in Washington State, where recent and proposed legislative changes are reshaping the tax environment.

Featured guest speakers:

Bo Lee, Senior Wealth Advisor and Partner at Beacon Pointe

Clair Chow, Tax Accountant and Partner at Greenwood Ohlund

Nancy Lu, Estate Attorney at Chang Law Group

- **DATE CHANGE: Friday, May 8, 2026**, 1:30-3:30 PM at Nikkei Manor

Please register in advance at [this link](#).

Seattle Cherry Blossom Festival:

Sakura Monogatari – Stories Beneath the Blossoms

Visit our exhibitor space at the Seattle Cherry Blossom Festival!

This year (50th anniversary year) celebrates the stories, heritage, and shared cultural journeys that continue to bring community together. As part of the Seattle Center Festál series, the event highlights the richness of Japanese culture through performances, demonstrations, cuisine, and educational experiences.

- **April 10-12, 2026**, 11AM-5PM at Seattle Center in The Armory

More info on the SCBF at seattlecherryblossomfestival.org

Bon Odori at Nikkei Manor

Save the date! Details about this year's Bon Odori will be available soon.

- **Sunday, July 28, 2026** at Nikkei Manor



Ayame Kai Summer Market

Featuring 20+ vendors with offerings including unique handmade gifts & cards, arts & crafts, Asian vintage finds, a bake sale, Japanese street food, live music, hula performances, and more! The Summer Market is free to attend and open to the public.

- **June 20, 2026, 10AM-2PM** at **Tukwila Community Center** (outdoor parking lot area). **Please note the new location this year!*

More information at ayamekaimarket.org

ICYMI: Vendors, Donations, and Sponsors Needed for the Ayame Kai Summer Market

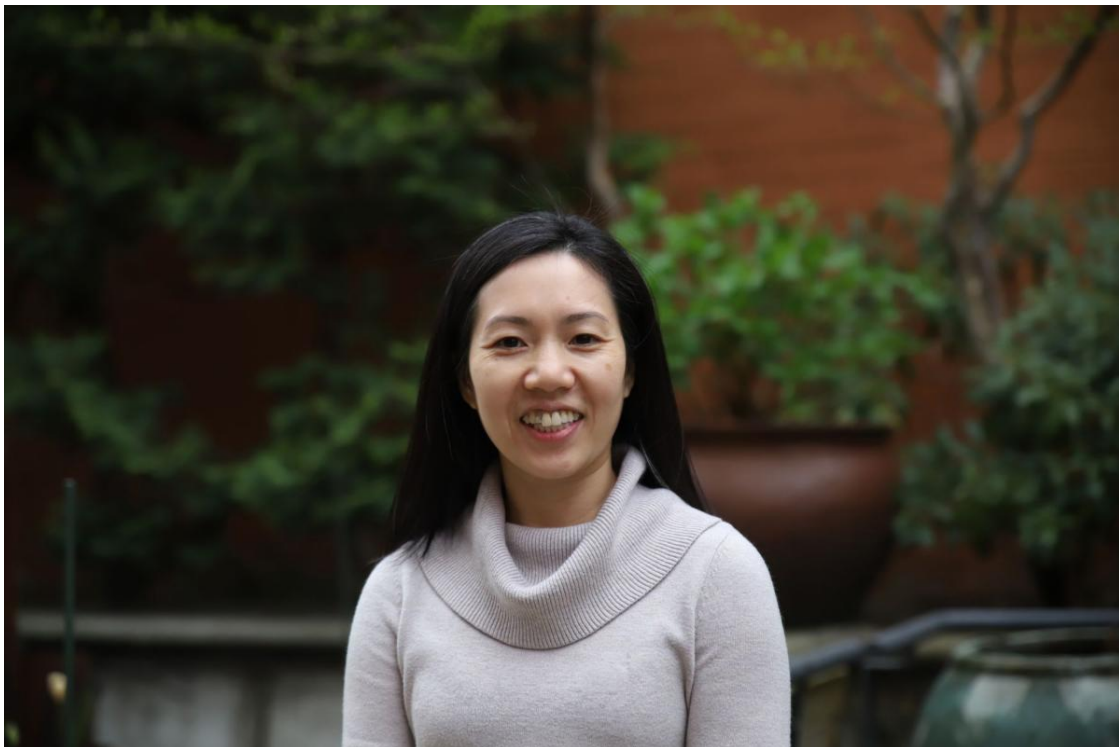
Planning is underway for this year's Ayame Kai Summer Market on June 20th, and we invite our greater community to be part of this fundraising event!

We are currently seeking **vendors** interested in participating. Vendors can learn more and complete the application form on the [event website](#).

We are also accepting donations of Asian resale items that would make meaningful gifts for shoppers. If you have items to donate, please consider pieces you would view as a special find, something that deserves a good home. For safety reasons during transport and display, we are unable to accept dolls in glass cases. Items may be dropped off at Nikkei Manor with an intake form provided by receptionists, or you may [contact us](#) for donation instructions or questions.

We are also welcoming **event sponsors** to support the market through financial contributions or donated items from local businesses, such as gift cards, products, or services. Sponsorships help cover the costs of hosting the event so that proceeds raised can go directly toward supporting Keiro Northwest's elder care programs, including Nikkei Manor and Kokoro Kai. Donated business items may be used in a variety of ways, including as part of our popular raffle baskets, or to help the day run more smoothly, such as supplies or refreshments to support our hardworking volunteers. To donate, please visit the [event website](#) and submit a form.

For vendor applications, donation details, and sponsorship information, please visit ayamekaimarket.org.



From the Desk of Nikkei Manor's Executive Director

As I reflect on March, it was a month of both heartfelt goodbyes and joyful celebrations. We said farewell to a few longtime residents who had been an important part of our community, and at the same time, we celebrated an incredible milestone for one of our residents turning 108 years young and still going strong. Moments like these remind me how special our community truly is.

One of the greatest benefits of moving into an assisted living community earlier is the opportunity to fully embrace everything it has to offer building meaningful friendships, participating in engaging activities, and becoming part of a vibrant, supportive environment while you're still able to enjoy it all.

At Nikkei Manor, our focus is on creating that sense of connection, comfort, and ease, so residents don't just live here, they truly thrive here.

We currently have availability and offer a range of services, including long-term care, respite stays, and our adult day program. If you or a loved one is considering next steps, we would be happy to talk with you.

And if assisted living isn't something you're ready for just yet, we also offer volunteer opportunities. It's a meaningful way to stay engaged, give back, and be part of our community.

Best Wishes,
Amy Nguyen
Nikkei Manor Executive Director



March's Highlights at Nikkei Manor

3-2 Girls day craft - doll making

3-10 Kobe Nursing University students visit from Japan

3-11 March Birthday Party with Gary Jang leading karaoke

3-17 Burien High School students visit - exploring Japanese culture and language

3-24 Japanese Nursing school student visit from Japan

3-25 MOHAI outing with Kokoro Kai

3-31 Onigiri (Rice Ball) Making



Upcoming Activities & Events at Nikkei Manor

- 4-8 Spring Craft, making paper cherry blossoms
- 4-11 Cherry Blossom Festival outing to Seattle Center
- 4-14 and 4-28 Senior Creating Art Watercolor class
- 4-19 High school student music band concert
- 4-23 Northwest school students visit
- 4-29 April Birthday Party, Shamisen concert

TBA Cherry Blossom Ride (By Lake Washington and Seward Park)

Full Calendars: [Kokoro Kai Activities](#), [Resident Activities at Nikkei Manor](#)

We are able to continue offering art classes by Seniors Creating Art this year thanks to a generous family donation.

Years of Service

April Staff Anniversaries

Allen Russell 16 years

Eriko Negishi 16 years

Laura Iijima-Schergen 8 years
Karlee Hicks 5 years
Isabel Zeta 3 years

Thank you for making every day the BEST day for our residents and participants.



GiveBIG – May 5

GiveBIG, taking place on May 5, is an annual statewide giving event that brings communities together to support nonprofits and the vital work they do. We invite you to consider supporting Keiro Northwest and the programs that serve our community.

Early giving kicks off on April 28 with the 24 hour giving event on May 5.

[Donate through GiveBIG](#)

Looking for a simple way to support our residents and program participants? You can help by purchasing an item from our Amazon Wish List! From activity supplies to everyday essentials, each donation enhances the quality of life at Nikkei Manor and Kokoro Kai.

[Amazon Wish List](#)

Your support helps sustain programs that provide care, connection, and culturally responsive services for older adults in our community. Thank you for helping us continue this work.

Donate

最後に、ありがとうございました。



Our Mission Statement: Honoring the past and preserving Japanese American heritage, we provide uniquely-tailored care to meet the physical, emotional, and spiritual needs for elders to thrive.

www.keironw.org



Keiro Northwest | 700 6th Ave S. | Seattle, WA 98104 US

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